

LADY JAG D.E.P.T.H. REPORT

DEDICATION. ENCOURAGEMENT. PERSEVERANCE. TOUGHNESS. HARDWORK.



NOVEMBER WRESTLING: VARSITY STATS UNLEASHED

TOTAL DUAL POINTS SCORED	602
DUAL POINTS SCORED BY OPPONENTS	256
TOTAL INDIVIDUAL MATCHES WON	122
WINS BY FALL	76

Lady Jaguars Set the Tone for a Strong Season

The Lady Jaguars wrestling team has had an electrifying start to the season, showcasing their resilience, skill, and unrelenting determination through a whirlwind of tournaments and dual meets. From Arlington to El Paso and finally to The Colony, the team has faced challenges head-on, proving they are truly Stronger than the Storm.

The season opener at the Arlington Invitational set the bar high, with both JV and Varsity squads delivering outstanding performances. The Lady Jaguars earned individual titles and key team victories, culminating in their second consecutive Arlington Invitational Team Championship. This milestone was highlighted by intense matches, standout moments, and strategic coaching that ensured the team's dominance on the mat.

The journey continued in El Paso at the Annual Montwood Madness Duals, where the Lady Jaguars battled fierce opponents despite facing a 12-point deficit in every dual due to open weights. Strategic decisions, like bumping wrestlers into higher weight classes, paid off spectacularly in the third-place finals, securing crucial wins that left a lasting impression. Although the team didn't claim the top spot, their resilience and strategic adjustments showcased their ability to compete fiercely and adapt under pressure.

Barely catching their breath after the long bus ride home, the Lady Jaguars returned to practice to prepare for the Thanksgiving Throwdown at The Colony High School. Once again, they entered each dual with a 12-point disadvantage but triumphed with commanding 20-point margins or higher in their final scores. The quad meet was a fitting conclusion to a demanding first month of competition, sending the team into Thanksgiving with a well-earned sense of accomplishment.

Through every tournament and dual, the Lady Jaguars have set the tone for a remarkable season. Their determination, strategic prowess, and teamwork continue to define their journey, leaving no doubt that this team is ready for whatever lies ahead.

Wrestle Wonderland: December Showdown Schedule

HOME DUAL AGAINST NW NELSON	12/4
LISD LADIES CUP	12/7
TEXAS WOMAN'S CLASSIC	12/13-14
HOME DUAL WITH HALTOM	12/20
1ST ANNUAL DIAMOND DUALS	12/21
MARCUS MAYHEM	12/28



HEADLINES FROM THE MAT

Lady Jaguars Shine at Montwood Madness Duals

The Lady Jaguars continued their impressive season with a trip to El Paso for the Annual Montwood Madness Duals. Despite the challenges of a grueling 12-hour bus ride, shared with friends and rivals, the Lady Marauders, the team showcased their grit and determination, finishing an impressive third place in a highly competitive field.

Competing with open weights at 120 pounds and 235 pounds, the Lady Jaguars faced an automatic 12-point deficit in every dual. Despite this disadvantage, the team won seven duals with a commanding 20-point differential or more. Their only loss came in a tightly contested match, finishing with a score of 30-40—a remarkable achievement considering the automatic points given to their opponents. Throughout the tournament, the Lady Jaguars demonstrated that they are truly Stronger than the Storm.

One of the most pivotal moments of the tournament came during the third-place finals against El Paso Bel Aire. With strategy at the forefront, the team made a bold decision to bump wrestlers into higher weight classes. Aisha Williams, competing at 165 pounds, moved up to wrestle at 185, while Wema Laktari, the team's 185-pound wrestler, stepped up to compete at 235 pounds. While Bel Aire did not have a wrestler competing at 165, this meant there would be a double forfeit at the 165-pound match. Though the Lady Jaguars were still forced to give up 6 points at 120 pounds, they were able to pick up 6 points with Violet Fortier receiving her own forfeit at 100 pounds, making this dual a match-for-match battle.

The risk paid off spectacularly. Aisha Williams delivered an electrifying performance, securing a fall in just 10 seconds, while Wema Laktari dominated her match, pinning her opponent in the second period. The team's strategic adjustments were instrumental in securing the win and clinching third place.

Though the Lady Jaguars faced challenges in key weight classes, they refused to let those obstacles define them. They may not have left El Paso with the gold, but they made an indelible mark on the tournament, proving once again the strength and resilience of this incredible team.

The Lady Jaguars are on a mission, and their performance at Montwood Madness is yet another reminder of their determination and the bold risks they are willing to take to achieve greatness. This team truly embodies the spirit of being Stronger than the Storm.



Lady Jaguars: More Than Just Wrestlers

Did you know our Lady Jaguars are shining stars beyond the wrestling mat? Even with a smaller roster this year, our athletes are deeply involved in numerous extracurricular activities at FMHS, showcasing their diverse talents and commitment to excellence in academics, leadership, and the arts.

Here's a glimpse of the remarkable organizations and clubs our wrestlers contribute to:



- Debate
- Orchestra
- Key Club
- National Honors Society
- Mu Alpha Theta (Math Honor Society)
- Red Cross
- FM Lacrosse
- Theater Department & Thespians
- French Club
- Science National Honors Society
- Rowdy Crowd
- Black Student Union
- MLK Appreciation Committee
- English Honors Society

Special shout-out to Freshman Natalie Nidler, and Aleena Siddiquee, Sophomore Wema Laktari, Juniors Kamalini Sankar, Madeline Reece, and foreign exchange student Eliska Miskovska, and Senior Michaela Mundt for excelling on and off the mat!

These activities reflect just a fraction of what our Lady Jaguars are achieving outside of wrestling. Their dedication to these programs highlights their determination, leadership, and drive—qualities that also make them fierce competitors in the wrestling room.

We couldn't be prouder of these young women who exemplify the values of hard work, passion, and community in everything they do!

Go Lady Jaguars!

#STRONGER THAN THE STORM



MEET THE 2025 SENIOR CLASS



ISABELLA SILVA
126 LBS



GWENDOLYN MUSSER
132 LBS



MICHAELA MUNDT
STUDENT TRAINER

Stay Connected with the Lady Jags: Follow Our Wrestling Journey!

If you're eager to dive deeper into the world of the Lady Jags, we've got you covered! Stay up-to-date with our latest victories, team news, and behind-the-scenes moments by following us on social media.

Catch all the action on **Twitter @WrestleLadyJags**, or browse through snapshots of our journey on **Instagram @ladyjagwrestling**. For comprehensive coverage and community highlights, follow us on **Facebook @FMHS Lady Jags Wrestling**. And for a bit of fun, don't miss out on our videos on **TikTok @Lady_jags_wrestling!**

For a more in-depth look at our team and upcoming events, check out our website at www.ladyjagwrestling.com. There, you'll find articles, player profiles, schedules, and more to keep you informed about everything Lady Jags.

Join us on our digital platforms to share in the excitement of our wrestling journey. We appreciate your support and look forward to connecting with you as we strive for victory both on and off the mat!

#STRONGER THAN THE STORM